

INGREDIENTS

- 2 lbs. of cod fish
- 3 TBSP of olive oil
- 1 large chopped sweet onion
- 3 chopped garlic cloves
- 2 chopped spicy red peppers
- 4 cups of passata
- 1/2 cup of water
- ½ cup of parsley
- 2 cups of water
- 4 yellow potatoes chopped in chunks



BACCALA' COD FISH & POTATOES IN TOMATO SAUCR

By Caterina Romano's kitchen

DIRECTIONS

- 1. Desalt & rehydrate the cod by soaking it for 48 hours. Change the water every 6 hours.
- 2. In a sauce pan, heat the oil.
- 3. Add the onion and sauté until tender.
- 4. Add the peppers and garlic and continue stirring.
- 5. Add the passata, water and the parsley. Mix well and cook on medium heat for 15 minutes.
- 6. Cut the cod in serving pieces. Add it to the sauce.
- 7. Add the 2 cups of water and raise the heat and bring to a boil.
- 8. Add the potatoes, mix and cook for about ½ hour.

ENJOY THE BACCALA' WITH POTATOES IN A TOMATO SAUCE