

INGREDIENTS

8-10 Lbs. turkey breasts

RUB

- 2 TBSP of minced garlic
- 2 TBSP of minced rosemary
- 2 TBSP of fresh sage
- 2 TSP of kosher salt
- 1 TSP of black pepper
- 2 TBSP of Dijon mustard
- 1 ½ TSP of olive oil
- 2 TSP of fresh lemon juice
- 1 TBSP of clarified butter

GRAVY

- 2 cups of chopped carrots
- 2 chopped sweet onions
- 2 cups of celery stalks
- 1 cup of dry white wine
- 3 TBSP of olive oil
- 1 dollop of clarified butter
- 2 cups of vegetable stock
- 2 TBSP of AP flour
- 1 cup of Marsala wine

OTHER

- 1 TBSP of clarified butter
- 2 cups of precooked chestnuts



TURKEY BREAST ROAST

By Caterina Romano's kitchen

DIRECTIONS

- 1. Preheat the oven to 325 DF.
- 2. Pat-dry the turkey breasts using a paper towel.
- In a large glass bowl, combine the garlic, rosemary, sage, salt, pepper, mustard, olive oil, butter and lemon juice. Mix everything together until all is well combined.
- 4. Using your hand, gently insert your fingers below the skin of the turkey and gently separate the skin from the meat making sure not to tear the skin.
- 5. Place half of the rub underneath the skin and reserve the other half.
- 6. Spray your roasting pan with cooking spray. Add and mix together the carrots, onions and celery. Season with kosher salt & pepper.
- 7. Add the wine, butter and mix. Place the wrack that holds the turkey breast over the vegetables.
- 8. Transfer the turkey breast to the wrack. Place the remaining rub all over the outside of the turkey breasts.
- Insert a thermometer in the thickest part of the breast. When the
 internal temperature reaches 160 DF, remove from the oven. Rule of
 thumb: every pound is 15 minutes of baking.
- 10. Remove from oven, cover and rest for 1 hour.
- 11. For the gravy, heat the vegetables over medium heat. Add the vegetable stock and flour. Mix and reduce to half. Mash the vegetables with a potato masher. Add the Marsal wine and heat for 3 minutes. Season to taste.
- 12. Strain the gravy into a fat separator. Allow it to sit for 15 minutes so that the fat rises to the top.
- 13. Pour the gravy into a serving dish.
- 14. Heat the clarified butter over medium heat in a medium skillet. Add the chestnuts and sauté them for 5 minutes.
- Carve the turkey breasts and cut into small portions. Place them on a serving dish. Drizzle them with the gravy. Add the chestnuts and serve.

ENJOY THE ROASTED TURKEY BREASTS