

INGREDIENTS

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6 boneless chicken thighs

6 slices of prosciutto

6 fresh sage leaves

1 cup of AP flour for dusting

1 TBSP of olive oil

1 TBSP of unsalted butter

1 cup of white wine

½ cup of sweet Marsala

1 chopped garlic clove

1 TBSP of chopped parsley

1 TBSP of butter



CHICKEN SALTIMBOCCA

By Caterina Romano's Kitchen

DIRECTIONS

- 1. Flatten the chicken thighs under a plastic cling film. Try to make it all the same thickness.
- 2. Press a piece of prosciutto onto each thigh, then place sage leaf on top. Pierce together with a toothpick to keep it attached.
- 3. Place the flour in a shallow bowl. Dip each chicken thigh in the flour, shake off the excess and place them on a tray.
- 4. Heat the oil and butter in a large frying pan over medium heat.
- 5. Add the chicken leaf down and cook for 2-3 minutes on each side until nicely browned. Cook in batched so as to not overcrowd the pan.
- 6. Transfer the cooked thighs to a plate and set aside.
- 7. Add the white wine and the Marsala to the pan. Reduce the sauce to 1/3 of the volume or until it thickens.
- 8. Add the garlic, parsley and butter and using a whisk, mix well over low heat.
- 9. Return the chicken with the juices to the pan.
- 10. Season to taste with salt & pepper. Baste the chicken with the pan juices and cook for 45 seconds.
- 11. Remove the toothpicks.
- 12. Place the chicken saltimbocca of a serving dish, top with the sauce and serve while hot.

ENJOY THE CHICKEN SALTIMBOCCA